

OpenTheo

Interview: Dr. Ben Edwards on Covid-19, Vaccine theory, and the Four Pillars of Health (part 2)

January 5, 2022



For The King - Rocky Ramsey

This Wednesday I have the pleasure of continuing my interview with brother Dr. Ben Edwards. Dr. Edwards M.D is a practicing physician at Veritas Medical with locations on the west side of Texas. He is the proprietor of the "You're the Cure" podcast/radio program and graduated from UT-Houston medical school. He started off as a conventional doctor but changed his mind after a life experience that left him clueless as to the current medical system. Our conversation was enlightening and fascinating on so many levels. It was amazing to have this podcast and have the opportunity to interact with him personally as the interviewer. I hope you enjoy the episode and the truth conveyed there within.

The clinic: <https://medical.veritashealthycommunity.com/>

The podcast archives: <https://medical.veritashealthycommunity.com/resources/radio-talk-shows/>

I could not find the telegram for the life of me. They have a telegram page though!

Website: forthekeepingpodcast.com

Facebook page: <https://www.facebook.com/For-The-King-105492691873696/>

Contact: forthekeepingpodcast@gmail.com

Donate Crypto: <https://commerce.coinbase.com/checkout/f63fd7db-919e-44f6-9c58-8ec2891f3eb5>

--- Support this podcast: <https://podcasters.spotify.com/pod/show/rocky-ramsey/support>

Transcript

This episode is part 2 of my conversation with Dr. Ben Edwards that was released last

Wednesday. We pick up on our conversation continuing our talk about vaccine theory. Now, this episode is beginning with the conversation about mRNA vaccines.

We left off talking about conventional vaccine theory. Dr. Edwards walks us through mRNA technology and some of the more sinister elements of what we see happening with human health. He then walks us through the importance of whole foods, of real foods, and not the modern day foods that we have in our modern society.

We finish off with the fourth pillar and his Four Pillars of Health. The pillar of peace and how important peace is both spiritually and physically to the individual. Thank you for listening.

I hope that you are edified and learn something and enjoy this part 2 of our conversation. Thank you. The athletes, there's been a 60-fold increase in athletes collapsing on the field and dying.

When I was a kid, Hane Gathers died on the basketball court. It was a huge deal. I remember it and it stood out because that never happened.

Don't think I will even ask you to make Jesus the Lord of your life. That's the most preposterous thing I could ever tell you to do. Jesus Christ is Lord of your life.

Whether you serve him or not, whether you bless him, curse him, hate him, or love him, he is the Lord of your life. Because God has given him a name that is above every name so that the name of Jesus Christ every knee shall bow and tongue confess that he is Lord. Some of you will bow out of the grace that has been given to you and others will bow because your kneecaps will be broken by the one who rules the nations with a rod of iron.

And I will not apologize for this God of the Bible.

[Music] I know a lot of people say there is just a money element to it. I think that is a big motivation with pushing the vaccine a lot.

But there is definitely some sinister. When you have bad health, it keeps you from walking in. Just your God-given tasks that he is giving you.

The duties as a man, like us as men caring for our families and loving our families. If we were sick and crippled or whatever, that hinders very easy to see duties of a Christian man or a Christian woman. Whatever you are doing is a gift right.

There is a sense there where it is not just a money grab. The populace ought to be weak so the people can be trampled under. There is a sense of that I would say.

But I don't know if you go that far. That is just where I am going to add it. I definitely go that far because you have got to keep, especially I believe as a believer in Christ, if we

are seeking the light and the truth and we are supposed to be discerning on the lives of the enemy.

You can't help but go further. Ultimately, where I have landed, that whole thought of the kingdom of God and the kingdom of heaven, that phrasing, I went and looked it up one day. Basilia Theos, the right to be ruled by God.

That is amazing. Because every type of government besides God's government, God writing His law in your heart, and basically you self-govern, you love God, you trust and obey Him and you love your neighbor. You don't offend, you don't hurt your neighbor in any way.

But this right to be ruled by God, if you are not going to walk in that truth, then there is every other government out there from democracy to Marxism and all in between. But it is all about control. I am going to rule over my fellow man.

How am I going to rule over that fellow man by power, money? I mean, it is all these things we are seeing. So, yeah, you automatically have to go there, I think. That is even in the Christian world, not seeing this delineation of being ruled by God versus ruled by man.

Yeah, exactly. Okay, so that was super helpful. Thanks for walking through that.

Now, can we just real quick, can you walk through, again, these new vaccines, it is gene therapy. There is something unique going on here. There is a difference.

It is not conventional, it is not historic, this is very new technology. And then, just like you are saying, all of these health issues, recently on your podcast, You Are The Cure, you have walked through some study that you have seen that talks about the weakening, it is an immunosuppressant, the vaccine is immunosuppressant, the myocarditis, and then the amount of just healthy athletes just dying, like in weird amounts, just children getting myocarditis. I have heard that you are more likely, based on VAERS database results, as a child, under five, I think, or something like that, you are way more likely to get myocarditis than you are to get COVID.

Like, just getting one of the two options, right? So, this new vaccine, can you help us understand why it is gene therapy, why would you categorize it as that, and walk us through the VAERS database and all of the immunosuppressant nature of it, what it is doing to the body, are we going to see more people die in the next 10 years of cancer, chronic illnesses, are they literally killing people? What is happening? Yes, they are. I mean, absolutely they are. There is 19,000 plus, almost 20,000 just reported to VAERS alone.

However, prior to COVID, Harvard studies showed us only 1% of adverse events are reported to VAERS. So, is that 19,000, only 1%? Well, there are some very, very bright

PhD-level statisticians, MIT and other university level, that have looked at this and published in peer-reviewed journals, what is called the estimated under-reporting factor. So, we know adverse events are under-reported, but by what factor? Is it 1, 2, 3? Dr. Jessica Rose published 31X is what her under-reporting factor, she concluded.

Wow. Steve Kirsch employed a team of statisticians to look at this and they came at it from 8 different methodologies, statistical analysis methodologies, all 8 of them came down to the same basic answer, 41X. You got to multiply that 19,000 by 41.

And then there's a cost-off, K-O-S-T-O-F-F, I believe, the Journal of Toxicology, his methodology, put it at 100X. It's somewhere between 30 and 100, I believe. Steve Kirsch has put \$2 million out on the line for anybody to come prove his methodology is wrong.

He has emailed the NIH, the CDC, the FDA, Sanjay Gupta, CNN, multiple different universities. He's opened it to just the layperson statistician, anybody, come and challenge his analysis and if he's proven wrong, \$2 million is theirs. So it's, to me, just even just my own experience in my community, I've totally lost track of the number of people that have come up to me and said, oh, so-and-so, 40 years old, otherwise healthy, just didn't wake up, fell asleep on the couch last night, just didn't wake up.

Oh, so-and-so, I'm setting cardiac deaths, so-and-so, blood clot, aneurysm in the brain, just all the time I'm hearing this, not reported. I've got two 13-year-olds, one, 48 hours after the injection, fell asleep and didn't wake up. And the day they brought her to me was 28 days later.

They can arouse her by kind of shaking and getting loud in her face and screaming at her, kind of, she'll wake up enough to eat, use the bathroom, then go right back to sleep. Completely different than prior to the shot. She was riding her bike every day, going to piano lessons, going to swimming pool, playing with her friends.

And her pediatrician said, it's not the injection. And then a team of "experts," quote, unquote, experts at Texas Tech Medical School said, "No, it's not the injection." So there's under-reporting's there. It's real.

Doctors don't see it. They don't recognize it. It's there.

There's a neurologist up in Oregon, 20,000 people in her practice, 2,000 adverse events. Prior to COVID shots, she didn't report any events ever in her career. And now she's got 2,000, but she hasn't been able to log on to the system and get them inputted because she doesn't have time.

Wow. So there's definitely the under-reporting. But back to the original, is this a vaccine? Is it not gene therapy? It's absolutely not a vaccine.

The definition, as you said earlier, originally, the definition of vaccine is something that

inferred immunity and prevented you from being coming infected. Well, this therapy was never designed or intended to do that. And people are shocked, especially these injured people that come to me and I tell them, "Did you know and did they inform you that this shot was not designed to prevent you from getting COVID or transmitting COVID?" And no, they can't believe it.

No one told them that. And they hardly believe me. And this is a key point.

There's no external benefit to this shot. What does that mean? It means that by me taking this injection into my body, there is nothing that can offer a benefit to you as my neighbor, my family member, my coworker, my close contact, my patient. Anyone outside of my physical bodies can't get any benefit from this shot.

I mean, that throws the whole mandate and all this out the window. There's zero reason to get a shot because for someone else's benefit. How many times have we heard that? You need to protect your grandma, protect your coworker as a nurse or healthcare worker, protect your patients.

You can't. It's not designed that way. They've never claimed that.

So that's number one. It doesn't meet the definition of vaccine. It doesn't infer immunity or prevent you from getting the virus or transmitting the virus.

I'll look this up while we're talking that this was a chief vaccine. The division of Bayer, who was in charge of all their vaccines, he came out and said, "We've got to call this a vaccine, even though it's gene therapy. We can't call it gene therapy.

Or no one would take this shot." I mean, that's on the public record he said this. I'll find it here in a second, maybe. So what's gene therapy mean? And by the way, I wouldn't necessarily even be against this gene therapy in certain conditions.

There are some very, very, very rare genetic conditions where the person's actually missing genetic information. It's just deleted, subtract. They don't have it.

So these are genetic diseases. Sickle cell anemia is one example most people probably heard of. But there's more rare ones and more devastating ones.

And if you have a devastating, especially terminal condition, I mean, these kids with some of these genetic diseases, they're not going to live to see their 10th birthday. If there was some way to deliver genetic material into that kid through a shot, even if we had to do it every six months, and it allowed that kid to have this genetic information and it was utilized so that he could live more normally, heck yeah. That'd be cool.

I'd go for that. I'd say yes. I'd vote for that.

So that's what they did. They've been working on this technology of putting a piece of

genetic material encapsulated. In a little glob of fat called a nano lipid particle, injecting it into the body.

What they found in the animal studies, though, when they use just a small quantity of this material, it was too small of a quantity. The genetic material, there wasn't enough quantity of material to affect the disease, to bring that genetic material into actually having a good effect. So they upped the dose.

Up the dose, up the dose, up the dose. Now they're seeing, yeah, the genetic material is actually getting in and having an effect, but it's such a high dose of the nano lipid particles, the adverse reactions are through the roof. These are in previous animal studies over the past 10 years with Moderna.

So Moderna came to their, you know, as a private company, as investors, you have to give a prospectus and a year annual report and all that stuff. And this was 2017 or 2018. Don't remember off the top of my head.

Moderna came to their investors and said, guys, we're abandoning the mRNA technology platform, because we cannot find the sweet spot. Too high of a dose, and it's deadly, the adverse reactions are awful. Too low of a dose, and we just don't see an effect.

So they abandoned it. And they even said, we don't foresee anyone being able to use this platform in the future. It's just too tricky without some major innovations.

That was in 2017, 2018. So was there some major innovation in the past couple years? I don't know. They didn't tell us there was, they didn't show us there was, they didn't do any animal studies to prove that there was.

So I'm going to assume there's not. So that's the delivery mechanism of this gene transfer therapy. But then you're looking at spike protein.

Coronavirus vaccines have been, they've tried to develop these things over the past 20 years. Some as lipid nanoparticle gene transfer, but some is just traditional spike, you know, the traditional kind of vaccine delivery mechanisms. Because SARS-CoV-1, 2002, after that, millions and millions and millions of dollars were put in to try to come up with a vaccine for coronaviruses.

And what they found in every single instance was the adverse reactions were too intense. It couldn't be done. The lab animals were dying.

In some studies, 100% fatality rates from coronavirus vaccines. So they abandoned it. They quit doing it.

So there's been a checkered past. The story history with coronavirus vaccines in general, being unsuccessful, lipid nanoparticle gene transfer therapy being unsuccessful. And I'm

not saying that there might could be some breakthrough in the future.

Some new, you know, some guy thinks of something that makes it better. But it hasn't been shown. It hasn't been shown in the literature.

Hadn't been proven out at all. So they fast-tracked this thing. And after two months, two months, 60 days of data, Pfizer went to the FDA to get emergency youth authorization.

And they presented this data. And you look at that study, who are these people in that study? The cream of the crop healthiest people out there. Not the very old, not the very young, and not the sick.

The exclusion criteria on that initial Pfizer study was basically everything under the sun. You had to be a specimen of perfect health, basically. And they took roughly about 40,000 people, put them through this trial.

And after 60 days, they came to the FDA and to the American public and said, look, this thing is 95% effective. So I know everybody heard that. Everybody's got that in their mind.

Oh, that means 95% chance of not getting COVID, probably. I know that's what people think because I've asked them. And that's what they tell me.

No, zero chance. It doesn't prevent you from getting it or spreading it. But that 95% is a play on words.

It's called relative risk versus absolute risk. The real world, real reduction, less than your chance of acquiring COVID was 0.84%. Wow. Then they went on to look over the and they got authorized emergency, you thought that was, which by the way, you can't get any product through EUA if there's a known therapy.

So I have a magnet in hydroxychloroquine iodine vitamins to anything. You can't say that works or your EUA gets pulled. Side note.

So then they went ahead and looked at six months out. Well, every time they go look at this thing, here's what they find. All cause mortality, which means death from anything.

The vaccinated group dies more than the unvaccinated group period from day one. From that first 60 day study, 20 people died in the vaccine group, 14 people died in the placebo group. And every time we look and get more data, it's the same thing.

More deaths from all causes, which is what we need to be looking at, especially in a new therapy that has a history to track record of death and destruction and adverse events. And to me, the biggest, most aggravating, saddest really of this whole thing about pharma Kia. This demonic deception called pharma Kia Pfizer knew after 90 days of this thing being out.

So December, January, February, they had the data. They knew it. They hit it.

They didn't release it. In the first 90 days, 1227 reports of death came into Pfizer. Tens of thousands of reports of adverse events like paralysis and immune dysfunction, came blood clots, all kinds of things.

Pfizer asked the court to bury that paperwork, bury that data. They wanted it buried until the year 2076. The court said, no, you've got to release 500 pages a month.

The first 500 pages came out about 10 days ago, and that's what it showed. Over 1200 deaths reported in the first 90 days, and they didn't tell anybody. Historically, about 160 deaths per year from vaccines are reported.

And that's all vaccines combined. That's meningitis, flu, all of them, all the childhood vaccines. That all combined every year, about 160 people get reported as having died from them.

They had 1200 reported in 90 days from this one gene therapy shot. It's been absolutely suppressed. All cause mortality is up in every age group.

In kids in the UK, the moment they got authorized for 10 to 14 year olds, you can watch the all cause curve, all cause mortality curve start to separate between vax and unvax. In 10 to 14 year old age group, 44% increase in all cause mortality. These young people are getting hit hard by myocarditis in particular, the young athletes.

There's been a 60, 60 fold increase in athletes collapsing on the field and dying. When I was a kid, Hain Gathers died on the basketball court. It was a huge deal.

I remember it, it stood out because that never happened. Reggie Lewis, like a few years later, Boston Celtics, it happened to him too. And those were two standout moments in my youth growing up as a basketball guy.

And now it's happening by the week, three, four, five, six in a week. There were three European soccer players just last week, all went down, clutching their chest. It's outrageous.

There's Olympic gold medalists that are out there done with their career, tennis pros, champions, the world record holder, static breath holder. He can hold his breath like 10 minutes, walk on the ocean floor for 10 minutes. He's out, he's done.

He can't hold his breath for more than three minutes now. I mean, it's an absolute travesty, especially in light of the fact that young people have 0% chance of dying from COVID. A German study, a Swedish study, and then John Hopkins have all come out and said they have found zero cases of death in healthy children.

So these young people are at no risk. Athletes in the prime of their life, a pro athlete,

he's in tip top shape, his men are probably healthy, he's at zero risk. And that's even without treatment.

That's without the Ibramectin hydroxychloroquine. So it's absolutely a tragedy. And as people looking at this, we should be able to see, I mean, this is so blatant.

Now, this isn't anti-vax versus vax or anything versus anything, but just darkness versus light, truth versus lies. And people have scales on their eyes and on their heart. And it's like this great delusion from second Thessalonians is all I can, you know, come up with is how can these people not understand who's going to go sacrifice their child that is shot.

It's completely unnecessary, experimental, and it could obviously damage them. Yeah. Wow.

It is. Again, we always look for like in terms of wickedness, it's like, did this man murder this man? That's a, oh, that's easy. That was wicked.

But like, this is so sinister. It's so like, the way they went about it, it's so like, public and then twisted. It's not like a blatant wicked act where somebody like, yeah, just guns someone down in the streets.

Like, oh, what an atrocious thing that happened. It's like, yes, it is. But this is very behind the scenes.

And obviously, the judgment of God, I mean, that's what's awesome being a Christian. I know nobody's gonna get away with it. If something sinister is happening, which it is, you know, nobody's gonna get away with nothing.

But that was good and helpful. And I think people really need to think about some of the things you just laid out. And especially just, there's a lot of public data.

I don't get why that's, you know, it's not hard to go and just young athletes. Well, people, I don't know. I mean, when you're deceived, I mean, you come up with so many different, I call them rescue devices, I've heard that term used, but you'll just make stuff up.

I mean, even in my own family, there'll be these excuses of why there says there's 19,000 deaths. I mean, the human brain is amazing. They'll come up with all kinds of defense mechanisms to justify your belief system.

And when you're deeply rooted in this belief system, when you're deeply set in this belief system, it's hard to get out of it. You'll come up with all kinds of rescue devices or excuses as to justify all these. I mean, even the cardiologists of these professional soccer teams is coming up with some excuse of why this is happening.

But for those that have eyes that see and ears to hear, they'll see it up. Yeah, exactly.

And, you know, me and you both think the Christian worldview, it's very obvious.

There's a God to us. There's a God, there's a judgment. I know I'm, I can't, you know, I'm the created, there's a creator, like that seems very obvious to me and you, but there's people that would make up all sorts of atheistic argumentation to, you know, say nothing, create something, you know, that's a, that's a great, that's a great argument.

Yeah. Can we just as we wrap up, because I mean, this is your, you have six kids. I mean, I'm sorry, I'm keeping, but this, this has been so helpful.

I think it's needed. And obviously we're in a war, we're in a battle and you know a lot more than me. So there's a lot more you can do when you say something.

So I appreciate you actually standing up to say something because some men would just kind of cower away. But I would say you're a man of courage, a man that, you know, I look up to in terms of health and I appreciate. So, um, you know, the actual health issues like I have on here, like the Framingham erroneous studies saying saturated fats, you know, cause heart disease cholesterol causes heart disease.

I mean, every single cell in your body has a fat layer around it. And, you know, if I'm made of saturated fats, how does it make any sense that if I eat red meat or I drink milk, which every mammal makes milk, there's very obvious. I don't even have to have an MD to understand that if my mom breastfed me with milk and there's a similar protein and fat content in cow milk, like it must be okay for me to eat that, you know, but cold blooded animals, they have unsaturated fats and warm blooded animals have saturated fats.

You know, it's okay. It's that I need to consume like, you know, like consumes like, um, there's a reason why I can't bend down and digest a blade of grass. If I were to try to eat grass, like I'm not manufactured for that.

I'm manufactured to eat certain things, right? Like, just, can you walk through just the big health issues that we need to worry about? And like, you know, do we need to listen to the food pyramid, like the American Heart Association? Like are these is this good resources for just common health? That's actually the root cause of a lot of our issues in our society. And then can you just finish off with the peace pillar and how Christ offers like that peace can only really be there for people like you and I that have true peace, which is Christ, the Prince of Peace, you know, which is one of the pillars of health is peace. Yeah.

So who to look to for your health advice, these institutions like the American Heart Association, American Diabetes Association, etc, etc. Probably the quick answer to that is you shall know them by their fruit. Yeah.

Yeah, go back and look when the food pyramid came in or when the don't eat saturated

fat recommendation came in, you know, eat low fat, go look at those recommendations when they came in and look at the health outcomes. Look what happened. What did disease rates do? What is heart attack rates do? What did cancer rates do? What did obesity rates do? What did overall health do? And what you're going to find is these institutions did not give us good advice.

Why? Well, if you take a deeper dive, I'm sound like a broken record, but the root of all evil, the love of money. And I'm going to give you one example and I encourage you to go do their own research because there's this a whole other topic I could go for an hour or more. But we got off track on heart disease.

We'll hone in on that one. Ansel Keys back in the 1950s Eisenhower had his heart attack, kind of freaked the whole country out. He was in Denver, Colorado.

They put him in the hospital, the local cardiologist there really didn't know what to do. They didn't know what caused heart attacks back then. They put him in the hospital, put him on bed rest, I think, insulting crackers in a Sprite or something like that.

Like my mom used to give me when I was sick as a boy. And they called back to DC and they asked the presidential doctors back in DC, what do you do? You know, we don't know what to do for this. We don't see many of these in our practice.

And no one really knew they called it Ansel Keys. At the time, Ansel Keys was this really famous national hero because he developed the K-rations to help the troops in World War II feed the troops and help win the war. He was on the cover of Time magazine and he was a nutritionist.

And they called him and said, what do you think? And he said, it's the fat, saturated fat in the diet. And he published this study called the Seven Countries Study. People can go look it up.

This was a biased, corrupted study that he published because it really wasn't Seven Countries. It turns out it was 23 countries. Another 15 countries just didn't fit his data plots.

So we omitted them. If you look at that Seven Countries study, there's a graph that shows it correlates saturated fat consumptions to countries that consume the most saturated fat, have the most heart attack. And it's this nice little line that looks like this direct correlation, which would convince you and make you think, wow, I need to quit eating saturated fat.

Well, France was a country at the top of the chart on saturated fat consumption, all the butter they were eating, but they were at the very lowest on heart attack rates. So it completely blew his theory out of the water. So what did he do? He deleted France out of his data set.

And he deleted 15 other countries. So he cherry picked the data, published it and set us off on this course of low fat. The truth is, in the early 1900s, when the steel press came into being, they could press with enough pressure these tiny little seeds like cotton seeds to get the oil out of the cotton seed and rape seed, which is canola oil and corn to get corn oil and soybeans to get the soybean oil.

For the first time, we could get this polyunsaturated fatty acid poofas, these tiny little seeds to the steel press. Cotton seed oil was the first one to come on the market. It was nasty, rancid, smelling, disgusting, dirty looking oil.

So the chemist went to work on that cotton seed oil and hydrogenated it and bleached it and chemically did stuff to it to make it look and smell more palatable, comparable to lard. And a marketing campaign was employed. To all the housewives out there, quit using dirty old lard, use this nice, clean, good smelling, out of the can artificial lard called Crisco.

And that is when the first heart attacks started showing up. 1912 was the first one, 1914, 1915, and in the 1920s, we're starting to see this real uptick. And that's what sent Weston Price in the 1920s off.

He and his wife noticed an uptick in chronic disease start and they come to Cleveland, Ohio, and that's when they left and set sail for 20 years and went to those 14 different countries. But that was number one. They started pressing these seeds to get this cheap oil to get animal products off the kitchen tables.

Then they wanted to replace the bacon and eggs with breakfast cereal. So the American grain producers of America, that lobbying group, came to Ansel Keys and said, we need, we want breakfast cereal on the breakfast table. We need to get the bacon and eggs off.

That's when they started concocting these studies, manipulated studies on saturated fat. Grain, when you grind grain yourself and then you take that fresh ground milled grain and go make bread, it's very nutritious. Well, what the millers figured out back in the 1920s, they can separate out that germ that has the oil that has the vitamin E and all the B vitamins.

All the nutrition is in the part of the wheat that goes rancid. So they stripped that part out, sent it to the feedlot, got paid by the cattle producers to feed the cows. And then what was left over was just the fine white powder, the processed white flour.

They used it to make the bread. Well, that could sit on the shelf. It wouldn't go rancid.

So a higher profit margin, you didn't have as much waste, etc. And they could ship it all over the country without learning about it going rancid. Well, a few years into that, all the psychiatric hospitals down in the southeast of the United States are starting to fill up with psychiatric disease and illness.

And they traced it back to, through a lot of epidemiological study, the white flour. And they figured out, wow, all the vitamins are gone. The B vitamins in particular needed for brain health.

And they're not there. People are eating this flour, this devoid of nutrition. And they went to the millers and the millers said, no way, we're not putting the nutrition back in because we're getting paid two times, one by the feedlot for the cows and one by the grocery stores.

And so the government said, well, at least you need to enrich it. So they went back and put some synthetic manmade versions of B vitamins and a few of the new, like iron, some of the stuff in there. Not God's version, man's version, totally different.

Just enough to keep people out of psych hospital, but it's devoid of the full nutrition that God intended. So that's the grains and the oils, the fats. And then, of course, processed sugar comes in because you get addicted to that.

Sugar spikes your dopamine in your brain, which is the addiction center of part of your brain, dopamine, the pleasure hormone. So just like with gambling, pornography, cocaine, whatever, you get this dopamine surge. Sugar crosses sugar spikes your dopamine more than heroin and cocaine.

It's more addictive than cocaine. So now we've got an addictive product. You're going to come by more and get more.

And it's cheap. It'll sit on the shelf for a long time. So this whole industrialized food processing, it's horrible.

It's horrible. That's when disease set in. So we need to be careful on the American Diabetes Association, American Heart Association, American Cancer Society, all these things that have the look of righteousness and like they're doing good and they have your health at the core of their mission.

It's not at all. They are intertwined with big food, big ag, big pharma. It's all intermingled.

All these institutions, in my opinion, are corrupted by money. The one institution that's not is God's institution, which is the body of Christ. That's us.

I mean, we're individually still susceptible to corruption. But if we will get back in line our thinking up with God's thinking, he said, take dominion and rule. Make decisions in the earth of how to steward creation for the benefit of your fellow man, for the benefit of your neighbor.

Make a decision not based off money, not based off profitability, but how is this going to benefit those under my authority? So every decision I make as a husband, as a

physician, as a leader of a company, what's going to benefit those under my authority? Those that are looking to me for provision and protection as a representation of our Heavenly Father's provision and protection, I need to make decisions based off their benefit. And if our farmers were doing that and all these institutions were doing that, great, but they're not. That might be in there somewhere, but their top priority is money, period, is the conclusion I've come to.

To me, there's no other conclusion. I think it's biblical. So that kind of falls in line with the peace pillar.

Ultimately, your body is not going to be able to heal itself. Your terrain will be disrupted. You will be susceptible to COVID-19 and every other germ, and you will be susceptible to metabolic dysfunction, which translates to Alzheimer's and cancer and heart disease and autoimmune disease and stroke and all these things.

And if you're in a fight or flight mode, it jacks up your digestive system, your immune system, and your hormone system. Because if you think about it for a minute, if we're supposed to be just chilling, you're going to be able to eat. When you're in fight or flight mode, it jacks up your digestive system, your immune system, and your hormone system.

Because if you think about it for a minute, if we're supposed to be just chilled out, you know, peace, no stress. And back in the day, maybe you're just doing your thing, minding your own business, taking care of your family, producing some food, working out in the field. You're walking down the path, you know, through the forest and a tiger jumps out on your path or a bear.

You need to go into fight or flight mode for a few minutes to kill the bear or to run away from the bear. So in those five minutes, you don't need to digest your last meal. So your GI system can turn down.

You don't need to worry about killing germs during that five minutes of killing a bear. So your immune system is designed to turn down during that moment. And you sure don't need to worry about making a bunch of hormones like testosterone, estrogen, progesterone, and insulin and vitamin D during a fight or flight moment for five minutes.

But that's just for five minutes. You can sacrifice those three big systems in the body for a moment. But it should just be for a moment.

So there's not a flaw in the design. It's a beautiful design. You do want to shut those systems down and you want to up regulate your cardiovascular system, your heart rate goes up, your breathing rate goes up, your pupils dilate, your muscles flex, your flexor muscles, biceps, all the muscles in the back and the neck, kind of you get hunched down, ready to run or fight.

That's to give you an advantage in that moment against the bear. But if you stay in chronic fight or flight for day after day after day, most hours of the day, most days of the week, most weeks of the month and the year and all that, you cannot have health in a chronic state of sympathetic dominance, which is what that's called. That's called fight or flight is stress mode, sympathetic mode versus parasympathetic mode, which is rest and digest or peace mode.

It's just not compatible with health. So what does that mean? It doesn't mean go do stress relief techniques, go on a walk and sing kumbaya and go to your happy place in your mind. And I'm not making fun of these things.

Those are temporary band aids, though. If you are in a state of anxiety, a state of fear, a state of stress, I mean, you can, yes, I recommend go outside and get in nature and take some deep breaths and do these things. But then you're going to go right back into your office or your home or environment, whatever, induce that stress, you cannot change it well to a degree.

There's you can't just get your circumstances just right all the time. We can't control our circumstances totally. But we can control the way we interpret these things that are happening in our life.

And it's all about the interpretation, the goggles that we're wearing. And to me, the only goggles that will allow you to have a true peace and not stay in that fight or flight mode, despite your circumstances, and not just stress management. Those goggles are the truth and the truth is a person, Jesus, God's perspective on this thing, this thing, meaning life, everything in life right now.

There is a perspective that is the truth, heavenly perspective. And God's in charge and he's sovereign. And none of this is not God off his throne.

None of it will knock him off his throne. He knew the beginning from the end. He didn't make a mistake putting you here right now in 2021.

If he puts you here now, he's equipped you. We've got to take captive our thoughts and realize the battles in our in our thoughts and our mind. And if we believe these thoughts that aren't true, like COVID can kill me.

No, it can't. COVID has no dominion over life and death. God's in charge of life and death.

Your day, how I see it, your days, you know, in Psalms, it talks about the days were numbered in your book before I was even in my momma's womb. I believe my days are numbered and nothing's going to change that. Not cancer, not a doctor, not anything that day set the circumstances around that day.

I have no idea. But I'm here right now. God's in charge of the day I'm not here.

When my flesh falls over dead and my spirits call home, fine. That's awesome because it's way better in heaven than it is here. But if we got to think this way, and this way is the way of Jesus, the way of truth.

So ultimately, all this boils down to spiritual. And yeah, we need to steward the physical temple that God's given us to house the Holy Spirit. But we can't just put all our attention and focus on the physical.

There's this, there's both to it when we've got to keep that spiritual perspective in mind. And ultimately, as a physician who's been doing this for 10 years of integrative now, I will tell you how those four pillars, nutrition, hydration, movement and peace. Peace is, it's more like it's the foundation.

And those other three physical things just sit on top of it. You've got to have that. And that means you've got to think about your thinking.

And is that thinking being influenced by the liar of all liars, the father of all lies. And if it is, then repent. If you let fear come in, and when COVID came in, because media just poured fear onto you, then change your thinking.

That's what repent means. Turn, go the other way and change your thinking. Ask God to forgive you for your wrong thinking and to help you have righteous thinking.

The kingdom of God is not about food and drink. And exercise profits a little. The kingdom is about righteousness, peace and joy.

Right alignment with God and your thinking, peace and joy will attend you. Wow, that was awesome. It's getting goosebumps.

Listen to it. That's, that is great. Thank you, Mr. Edwards, Dr. Edwards, for coming and joining me on the For the King podcast.

So this, this man is not only an MD, he's also a brother in Christ. So I appreciate what you're doing. And you're standing up for both the kingdom of God and the Christian worldview, and at the same time standing up for truth and other spheres of life.

So I appreciate that so much. Thanks for walking us through all these things you walk us through today, and then encouraging us at the end, not just leaving us like feeling doom and gloom, but there's always encouragement in Christ. So you can go and listen to his You're the Cure program on, I think it's just on Apple podcasts.

That's where I get it at. I don't even think it's on Spotify or anything. You could also go to Veritas Medical and you can find all the archives there as well.

And you guys have a telegram page, right? Facebook and the other platforms left that because they were censoring you. I'm like, they permanently delete this stuff Instagram and Facebook. So yeah, we were probably there too long, but we spoke the truth as long as we could telegram Veritas Medical, and then yeah, Apple podcast and then Veritas medical.com we archive all our programs.

Okay, great. Guys, please go support this man and what he's doing. It is in a sense it is a ministry in a sense but it is centered on, you know, health, you know, it's not an outreach from a church this is, you know, your livelihood and what you're doing.

As a physician, but if we sent and if we if you guys went to his clinic, instead of going to some Western medicine, eventually we would like to see Western medicine implode, right and then Veritas Medical have locations all over the US and have big huge hospitals where people are actually hearing the gospel, which is awesome that that's the position you take, you know, in your practice, you make it a part of your practice, but then also, there's good true health happening. So, you know, we do vote with our dollars so goes if you live in Texas and you're listening, I do have a few listeners from Texas, then go, you know, to his clinic, right and support this man and support the, you know what he's doing. So, thanks so much, Dr Edwards any last thoughts or anything but we can end well thank you Rocky I appreciate the opportunity to speak to your audience.

That is my passion now the Latin root of physician is teacher, and that's really my goal now is just teach people how to not need Veritas medical how to not need to come to our office where of course we'd be happy to see if you need that. And we're actually launching an education platform in the new year to reach all 50 states and really I guess the world where we were not limited by the practice of medicine by the Texas Medical Board necessarily in the education platform. So that'll be available to the appreciate all you do standing for truth and spreading the truth there's not not many people that would, you know, invite controversial topic like an anti Vaxxers.

Thank you for all you're doing. Yeah, likewise. Oh yeah I always end with a doxology first Timothy 117 to the king of the ages of mortal invisible the only God be honored and glory forever and ever.

Amen. I'm Billy day Oh Gloria thanks for listening to the for the king.